

nonprofit [Bisexual Resource Center](#), credits young people for their increase in social awareness around the fluidity of sexuality and gender.

“Our youth are, as always, on the leading edge of that awareness [because] while there are still many challenges for the LGBTQ community, Gen Z is growing up at a time where they can expect greater social support and legal protections than any other generation,” McMican said, contributing that as a factor in the increasing number of bisexual-identified youth.

“And honestly, the internet makes a difference. Today’s youth grow up with massive access to the internet, where they can find information, talk with other bisexual youth, and connect to supportive communities that aren’t limited to their immediate physical location.”

[Emily April Allen](#) is a Tennessee-based bisexual photographer whose focus is on documenting, highlighting and empowering the queer and trans community of Nashville via portraiture. Allen, who is 33, started her own photography series [“The Nashville Bi+ Diaries”](#) in 2021 documenting bisexuals of Nashville across generations.

In her series, each subject provides a diary entry reflecting on their own bisexuality. Through this project, Allen describes the PRRI study as a glimpse into how much more fluid future generations will be regarding sexuality as a whole—especially bisexuality.

“I passionately think that there is so much possibility in the acceptance of fluidity,” she said, adding that Gen Z’s shattering of the binary of sexuality will lead to more young people coming out early, where “there is no either or; you just get to be.”

Heterosexuality will not be a default sexuality anymore

[Michael Lemus](#), a millennial bisexual Latino, is a content creator and founder & CEO of the inclusive platform [Reclaiming Your Happiness with Lemus LLC](#) who continues to feel great pride in the younger generation's openness to various sexualities.

Lemus, whose [TikTok account](#) has over 30,000 followers and garnered 200,000 likes, tells Reckon that “who you are dating does not necessarily determine how you identify.”

He adds that in the future, he sees a decrease in heterosexuality because “I think many people are queer but may not have the support around them to be honest about it.”

The more young people claim bisexuality, the more likely future generations will open up the “unrealized possibility that heterosexuality need no longer be the default assumption,” according to Ochs. She claims that seeing younger people lead with a more open mind about sexuality, and the overall rise in number of people who are comfortable acknowledging multi-gender attraction is freeing to witness.

“It has the capacity to make the gender of who you love not a big deal,” she added. “I want to live in a world where being LGBTQ is interesting, but no more interesting or controversial than being left-handed.”

She tells Reckon that her personal bisexuality is not even contingent on gender, but rather is based on individuals—something she sees becoming more common in the future.

Bisexuality as freedom

[Nicole Kristal](#), executive director and founder of nonprofit and bisexual advocacy organization [Still Bisexual](#), tells Reckon that bisexual Gen Z is less likely to bury their bi+ identity for people, which contributes to the PRRI's studies of their high percentage.

“Gen Z collectively knows what to say when their identities are questioned, where in past generations there was much more pressure to choose a side and shame around not being part of that gay/straight binary,” she said. “That pressure is still there, but since Gen Z has also been freed from gender binaries, it’s easier to feel liberated from the gay and straight sexual orientation binary.”

There is yet to be extensive data on LGBTQ identities amongst the younger Gen Alpha, but Allen predicts an even greater sense of relief from pressures to conform to any heteronormative sexualities.

“I like to kind of think of coming out as bi—especially when you’ve been pushing down that part of you for a while—is like an exhale.” Allen describes the present moment as a “larger collective exhale from this generation” of not having to hold in identity.

“That has a really healthy impact on every other part of your life—when you are able to embrace, claim and celebrate your identity from a young age and live your truth as your truth is unfolding.”